

Ensay Bush Nursing Centre

Address: 5056 Great Alpine Road, Ensay 3895
Phone: 03 5150 2416
Fax: 03 5150 2419
Email: ensaybnc@gha.net.au
Website: <https://www.ensaybushnursing.com.au/>



Upcoming Events

April 28th and 29th
Flying Doctor Mobile Eyecare
Appointments (03) 8412 0444

Flying Doctor Mobile Eyecare

**Flying Doctor
Mobile Eye Care**

Our **FREE** optometry service
is coming to Ensay
28 and 29 April

Ensay Bush Nursing Centre
5063 Great Alpine Road
Ensay

Reduced cost
glasses available!
Eligibility criteria
apply, so to find out
more or to book an
appointment please
call (03) 8412 0444.

ACO eyehealth

Royal Flying Doctor Service
VICTORIA

Update on the Extensions

Minor alterations to be undertaken to finalise project.

Flu season is almost upon us

We will be ordering influenza vaccinations the week commencing the 1st April.

See next page for eligibility for free vaccination.

Influenza Vaccination

The influenza vaccines are **free under the National Immunisation Program** for:

- Aboriginal and Torres Strait Islander people aged 6 months and over
- Children aged 6 months to under 5 years
- Pregnant women at any stage of pregnancy
- People aged 65 years or over
- People aged 6 months or over who have medical conditions that mean they have a [higher risk of getting serious disease](#):
 - cardiac disease
 - chronic respiratory conditions
 - immunocompromising conditions
 - haematological disorders
 - chronic metabolic disorder
 - chronic kidney disease
 - chronic neurological condition
 - long term aspirin therapy in children aged 5 to 10 years.

Private vaccination is \$25.00

Physiotherapy Telehealth has recommenced

A virtual physiotherapy clinic is available through Federation University which can be accessed in your own home or through the centre.

Bairnsdale Neighbourhood House Community Meals

Community meals prepared and supplied by Bairnsdale Neighbourhood House are available free of charge to all Ensay community members. The meals are prepared and delivered frozen to the Ensay Bush Nurse Centre with a wonderful choice of meals and soups.



In the Community

Foot Care Clinic

Jo Smart will be at the EBNC

Walking Group

1st Friday of the month. Meet at the sportsground at 9:30am followed by a cuppa at the EBNC afterward.

Mobile Library Service

Borrow books, CDs, DVDs

Pick up Council newsletter and so much more...

Wednesday fortnightly

10:30am– 12Pm

Royal Flying Doctor Eye Clinic

28th and 29th April

Ladies Lunch at Little River Inn

12 noon on the second Friday of each month

Ensay Bush Nursing Centre and CFA Annual Christmas Party

Ensay, 13th December 2024 – The Ensay Bush Nursing Centre and Ensay CFA recently held their annual Christmas Party for local families. The event, usually held at the Ensay Recreation Reserve, was moved to the CFA shed this year due to construction of the new building at the Reserve.

A shared meal included BBQ, desserts, and ice creams, with Santa making a special appearance to distribute a toy to every child. The event was a chance for the community to come together and celebrate the holiday season.

“We’re grateful for the support of the Ensay CFA and everyone who attended,” said Caitlin Tuck from the Ensay Bush Nursing Centre Committee. “It’s always great to see the community meeting together leading up to the holiday season.”

